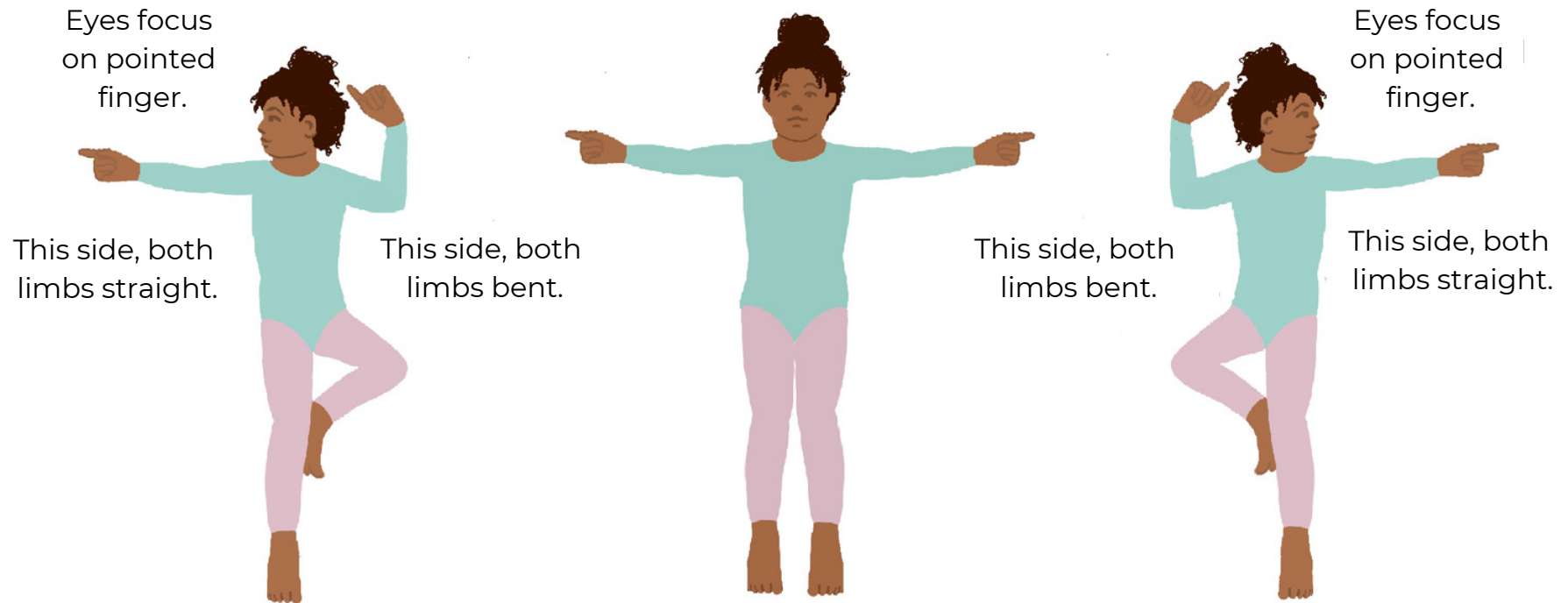


Tonic Neck Reflex



To switch sides:

Head always **starts** turning to the other side, immediately followed by the arms/legs switching.

eyes stay open and track across field of vision as head moves

Remember:

- Head **ALWAYS** moves first
- Straight leg should always be directly down from the body (never out at an angle)
- Legs meet in the middle at the bottom
- Smooth, steady rhythm

Your assignment: