



## Biochemical Issues and NDM Programs

As you work with children, you will come upon stubborn issues that do not seem to resolve with NDM treatment, no matter how appropriate. This is usually the point you want to consider a biochemical imbalance. We do not expect you to know how to advise on biochemical issues, but there are clues in the client's profile that will give you guidance.

If there is a pathogen overload in the gut, you might see:

- diarrhea – constipation
- reflux while doing a NDM program on tummy
- sensory sensitivity/seek or avoid
- trouble sleeping
- food sensitivities
- headaches
- rages
- exhaustion
- hives
- pain
- hyperactivity

If there is a problem with oxalates in the diet, you might see:

- speech issues
- fine and gross motor skills problems
- poor visual function
- pain

If salicylates are the issue, you might see:

- eczema
- asthma
- night wetting
- depression
- anxiety

If there has been a toxic exposure, you might see:

- headaches
- nausea
- nervous system irritation
- meltdowns
- detox through skin
- immune system dysregulation
- hives
- autoimmune disorders

If a client is suffering with brain inflammation, you might see:

- rages
- seizures
- exhaustion

Neurotransmitter imbalances and deficiencies can result in:

- anxiety/depression
- trouble sleeping
- loss of focus and attention
- tics
- repetitive behaviors

Nutritional deficiencies/malabsorption issues may present as:

- irritation in the nervous system
- exhaustion
- trouble sleeping

A mineral imbalance can look like:

- blood sugar imbalance
- adrenal insufficiency
- irritation
- adrenal fatigue/insufficiency
- tired but wired

A mold exposure can cause:

- low immune function
- repetitive strep throat
- swelling or water weight
- eczema/hives/rashes
- repetitive sinus trouble
- visual disturbance
- loss of memory
- anxiety/depression
- digestive distress
- weakness/fatigue

Genetic mutation and expression may present as all of the above.

All of these things can influence the ability to do the NDM program and the outcome.

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